

Prescription Protocol

- If you have a Prescription filled at your local pharmacy the fastest, most efficient and accurate way to have your Medication refilled is to call your pharmacy and request a refill. They will fax us a request for EXACTLY the same medication you had filled the last time. We then have a Provider review the request and if it is approved we can simply fax it back to them. This ensures accuracy and is the quickest way to fill your prescription. **However, please don't wait until you are on your last dose to do this....do it a week or so before you know you will need it.**

- You can call our office at **858-312-5492** to request a prescription or a refill. It is **very important** that you have as much as the following information as possible when you call us: Remember, **we may or may not have ANY of this information "on file"**. Medication types, dosages and usages vary for each patient and also change so please be prepared to give us the following information
 1. Medication name (many medications sound familiar, and we may or may not have the most current medication list for you on file)
 2. Dose (this can be found on your original RX bottle)
 3. How you take this med (once a day, twice a day, as needed etc)
 4. Your pharmacy PHONE NUMBER including area code.
 5. The best way to reach you if we need to discuss this with you.

- It is a very good idea and we recommend our patients know what medications they are taking. If another Physician adds a medication or if any changes occur be sure to bring a updated medication list to your appointment. You can use the following list to help keep track of your medications :

Medication	Strength	Direction	Note
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My Pharmacy : _____ **Phone#** _____ **FAX#** _____

I am allergic to the following medications: _____